



Your uniqueness & potential deserve to be expressed

Oct 2-3, 2010 (first weekend) Columbia
Sat and Sun 8:30 am–5:30 pm

Oct 22-24, 2010 (second weekend)
Hatton Hall, Hatton, MD
Fri pm 6:30–9:30; Sat 8:30 am–9:30 pm
Sun 8:30–3:30 pm

Cost—

\$350 (includes Sat pm meal)

Limit of 12

Past Participants

\$150 (includes Sat pm meal)

Limit of 12

Register

Phone: 573-819-0712

Email: russ@russhardesty.com

Online: <http://lifesuccessassociates.com/workshops.php>

Family of Origin ... a workshop

Facilitated by Russ Hardesty, PhD

Twenty years ago Russ offered the **Family of Origin** — a workshop to assist participants to understand more fully the impact that family of origin has on their present lives. Most every participant reported that this workshop was the most impactful experience in their lives.

Twenty years later, those participants still report the value they created with the **Family of Origin**. Many individuals wanted to participate, but the format was very involved—12 weeks, one evening each week for 4 hours. Russ has created a different format to allow individuals near and far to participate.

New Format Two weekends and three phone/web conferences allow less travel and interruptions permitting more individuals to participate in the Family of Origin. The first weekend (*phase one*) is basic introduction to family systems, impact of families on the children as adults, methods of gathering critical family information, identifying personal goals for participation, introduction to “family reconstruction” and developing a strategy for research. Phase two is 3 weekly meetings on the phone and/or web to review progress, ask questions, share insights. These calls/contacts will last about an hour. The time for calls will be determined during phase one. Phase three is devoted to family reconstructions. Each participant will have about 90 minutes devoted to their own family work. Everyone participates in every reconstruction and gains more personal awareness with each family. (reason for 12 limit).

Returning Participants It has been at about 15 years since the last **Family of Origin** and a number of individuals have asked to participate in the process. Although they will not do ‘center work’ as do the first timers, they will identify new objectives, assist with those doing this beautiful work for their first time, participate in the family reconstructions and expand their awareness for their current life stage.

Registrants will have work to complete prior to the workshop to maximize their experience from the very beginning of the workshop.

Interested?

Contact Russ if you want more information, see contact information in the registration information.